



COURSE SEQUENCE
Certified Metabolic Typing Advisor (CMTA)
Level II: Hair Tissue Mineral Analysis
(Online Version)

Step	Description	Expected days to do	Elapsed time at completion	Materials Needed
1. Initiate your Program	<ul style="list-style-type: none"> ▶ Email Info@MetabolicEd.com to get forms by email. ▶ Complete and email back to us. 	4	4	<ul style="list-style-type: none"> ▶ Registration Form ▶ Payment Form
2. Preparation	<ul style="list-style-type: none"> ▶ Submit Hair Tissue Mineral Analysis sample. 	10	14	<ul style="list-style-type: none"> ▶ Hair Mineral Submittal Form ▶ Introduction to HTMA
3. Teleconference #1 Interpreting your HTMA Results	<ul style="list-style-type: none"> ▶ Review the HTMA Introduction, and your personal results. 	14	28	<ul style="list-style-type: none"> ▶ HTMA results ▶ Introduction to Hair Mineral Analysis
4. Teleconference #2 Reasons for doing HTMA	<ul style="list-style-type: none"> ▶ Review FAQs about Hair Mineral analysis; HTMA in relation to your Metabolic Type 	7	35	<ul style="list-style-type: none"> ▶ Healthexcel Letter ▶ Two Sample HTMA reports ▶ FAQ list ▶ HTMA Exam
5. Teleconference #3 Presentation of Sample HTMAs; Exam	<ul style="list-style-type: none"> ▶ Trainees present to class ▶ Q&A ▶ Go over exam 	7	42	<ul style="list-style-type: none"> ▶ Sample Reports ▶ Presentation ▶ Exam
6. Teleconference #4 Final Review	<ul style="list-style-type: none"> ▶ Review entire course and exam results. 	14	56	

MTEC will continue to support you through email and over the phone. Extensive counseling (over 10 minutes) will be on an \$80 hourly fee. After one year you will receive a review from MTEC. Reviews will continue on a yearly basis.